

VASCULAR SURGERY ASSOCIATES, L.L.C.

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DISCHARGE INSTRUCTIONS

Patient instructions for care after Abdominal Aortic Aneurysm Repair

ACTIVITY

- No driving or heavy lifting
- You may ambulate as tolerated

DIET

- Resume your pre-hospitalization diet

MEDICATIONS

- Resume all pre-hospitalization medications unless otherwise instructed
- Take one Aspirin, Ecotrin, or Ascriptin every day (Adult Strength- 325 mgs)
- Use painkiller as prescribed and as needed. Take with food to decrease stomach upset
- Take over the counter stool softner/laxative as needed

DRESSINGS

- You may leave your incisions open to air. If there is any drainage from the incision you should cover it with a 4x4 gauze after cleaning the incision with Hydrogen Peroxide

SPECIAL INSTRUCTIONS

- You may shower 24 hours after discharge from the hospital
- No tub bathing
- Clean any staples in your incision with Hydrogen Peroxide once a day
- Call the office for temperature greater than 101 or significant wound problems
- If you develop excessive drainage, opened incisions, severe pain in your legs, or other problems call the office
- We will see you in the office in 1 to 2 weeks. If you do not have an appointment please call the office today.
- For any other questions or problems please call us at the number listed below.

NOTE: Your surgery involved the use of a prosthetic graft. This graft has increased risk of infection when you have any type of invasive procedure (such as dental work, teeth cleaning, colonoscopy, angiography, cystoscopy, and all types of surgery). When you are scheduled for an invasive procedure you should inform the physician performing the procedure that you have a prosthetic graft and need antibiotics to prevent infection. Any questions concerning this should be directed to our office.