

VASCULAR SURGERY ASSOCIATES, L.L.C.

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DISCHARGE INSTRUCTIONS

Patient instructions for care after Peritoneal Dialysis Catheter

ACTIVITY

- No driving or heavy lifting
- You may ambulate as tolerated

DIET

- Resume your pre-hospitalization diet

MEDICATIONS

- Resume all pre-hospitalization medications unless otherwise instructed
- Take one Aspirin, Ecotrin, or Ascriptin every day (Adult Strength- 325 mgs)
- Use painkiller as prescribed and as needed. Take with food to decrease stomach upset

DRESSINGS

- Change your dressing with dry gauze daily. Clean catheter exit site with Hydrogen Peroxide once a day.

SPECIAL INSTRUCTIONS

- You may sponge bathe 24 hours after surgery.
- No showers or tub bathing
- Call the office for temperature greater than 101 or significant wound problems
- If you develop excessive drainage, opened incisions, severe pain in your abdomen, blood in your stool, or any other problems call the office.
- We will see you in the office in 1 to 2 weeks. If you do not have an appointment please call the office.
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- The dialysis nurses at your center will instruct you on how to use the catheter. The catheter needs to be flushed by the nurses within a week of your surgery.
- For any other questions or problems please call us at the number listed below